



## Certificate I in Horsemanship Safety & Basic Skills on Ground

### **Certificate I in Horsemanship (Safety & Basic Skills on Ground )**

(estimated 14 hours)

#### **Overall look**

- Little opposition evident
- Phases shown in right order and intensity as needed
- Horse Follows direction
- respect (level 5 on 12' rope)
- Minor Challenges on 12' rope
- Liberty – walk up to horse



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**Certificate 1 in Horsemanship (Safety & Basic Skills on the Ground)**

\*\* the horse to be used in this assessment will be a gentle, handled and desensitized, (preferably trained by the student, though not mandatory)

<b>TASK No.</b>	<b>Task Description</b>	<b>Successful Assessment Criteria</b>	<b>Unsuccessful Assessment Criteria</b>
		<p><i>General Criteria:</i>            Student shows basic safety around horse            Student shows appropriate body language            Student looks as if they have practiced the ingredients            Horse responds with little opposition            Horse is confident and relaxed</p>	<p><i>General Criteria:</i>            Student does not show basic safety around horse            Student uses inappropriate body language            Student looks as if they have not practiced the ingredients            Horse displays too much opposition            Horse is not confident and relaxed</p>
<b><i>C1.L1</i></b>	<b><i>Be able to approach a horse in a safe and friendly manner (with or without equipment)</i></b>	<p>Student shows they are non-predator            Student approaches with confidence, does not sneak            Student offers the horse the back of their hand as introduction            Student reads horses action and responds with savvy</p>	<p>Student display predator behaviour, sneaky, scared            Student does not introduce themselves to the horse            Student approaches from an inappropriate zone</p>
<b><i>C1.L2</i></b>	<b><i>Be able to correctly fit and tie the halter in a safe manner</i></b>	<p>Halter and lead handled capably            Rope halter has a 'barn knot'            Horses head is lowered and bent to a safe position            Halter is passed under neck and arm over neck            Halter fitted neatly            Knot tied correctly</p>	<p>Student seems clumsy with equipment            Student does not lower and/or bend the horses head and neck            Student does not use the safe haltering procedure</p>



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<b><i>C1.OL1</i></b>	<b><i>Be able to rub a horse in all zones</i></b>	Handles lead capably Checks the horse is confident before proceeding into each zone Describes the procedure to be employed if the horse moves around	Student drops rope or holds 'spaghetti' Student does not ask permission to enter each zone
<b><i>C1.OL2</i></b>	<b><i>Be able to pick up all four feet and clean</i></b>	Student uses friendly approach Student uses steady energy on points to have horse lift leg Student holds hoof to clean in a comfortable position for the horse Horse stands still and no opposition	Student approaches horse or cleans feet unsafely Students lifts leg instead of causing the lift Student is clumsy or 'not practiced'
<b><i>C1.OL3</i></b>	<b><i>Be able to yield a horse from steady energy using hands</i></b>	Show yields of the forehand, left and right at least half a turn Show yields of the hindquarter, left and right at least half a turn Show yield backwards on face and on chest at least 5 steps each Show yield of the head up and down show/describe the use of phases to achieve yield Show how to rub the horse to a stop after a yield Horse yields with little opposition	Student does not use phases Student does not friendly before and after yield Student does not correct undesirable movement of horse
<b><i>C1.OL4</i></b>	<b><i>Be able to carry out the desensitization procedure on a horse with a stick and string as well as the lead rope, over the back at least 5 times each side</i></b>	Handle the equipment (rope, stick , string) competently Move confidently around the horse Horse accepts the process Demonstrate approach and retreat process Horse stands with little opposition displayed	Student is clumsy with equipment Student sneaks around horse Student gets uptight if horse moves Horse shows too much opposition



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<b>C1.OL5</b>	<b><i>Be able to yield a horse from rhythmic energy using a stick</i></b>	<p>Show yields of the forehand, left and right at least half a turn</p> <p>Show yields of the hindquarter, left and right at least half a turn</p> <p>Show yield backwards from zone 1 at least 5 steps</p> <p>Show/describe the use of phases to achieve yield</p> <p>Show how to rub the horse to a stop after a yield</p> <p>Horse yields with little opposition</p>	<p>Student is clumsy with equipment</p> <p>Student sneaks around horse</p> <p>Student does not use phases</p> <p>Student does not friendly before and after yield</p> <p>Student does not correct undesirable movement of horse</p> <p>Horse shows too much opposition</p>
<b>C1.OL6</b>	<b><i>Using a stick in rhythmic energy while being in zone3 drive the horse around two obstacles in a figure 8 pattern, show from both sides</i></b>	<p>Student uses rhythmic energy</p> <p>Student maintains position in zone 3</p> <p>Student uses focus on where to go</p> <p>Horse shows little opposition</p> <p>Horse maintains gait</p>	<p>Student uses inappropriate energy</p> <p>Student uses rope for direction</p> <p>Student does not maintain position in zone 3</p> <p>Student focuses on horse</p> <p>Horse shows opposition</p> <p>Horse breaks gait</p>
<b>C1.OL7</b>	<b><i>Be able to yield a horse backwards to the extent of the lead rope have him stand then bring him back</i></b>	<p>Standing in zone 1</p> <p>Horse yields backwards to end of rope (rope is not stretched by horse)</p> <p>Horse stands and waits for direction</p> <p>Horse yields forward to handler</p> <p>Horse yields with little opposition</p>	<p>Student moves around inappropriately</p> <p>Student does not show retreat before bring back</p> <p>Horse backs badly crooked</p> <p>Horse cannot stand still</p>



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<b>C1.OL8</b>	<b><i>Be able to cause a horse to circle them in both directions for at least 2 circles at trot, and bring in to rub forehead in between direction change</i></b>	<p>Standing in zone 1 to start Send horse onto circle Student remains neutral while horse maintains at least 2 circles Student causes horse to face up and come in Horse yields with little opposition</p>	<p>Student does not stand still and relaxed in centre Student uses inappropriate signals to have horse face up</p>
<b>C1.OL9</b>	<b><i>Be able to cause a horse, from a distance, to move sideways along a fence at least 4 m</i></b>	<p>Using rhythmic energy cause the horse to move sideways at least a lead rope length Correct the required zone, via phases, to assist the horse to remain sideways Student adjusts position relative to horse to maintain sideways Horse responds with little opposition</p>	<p>Student is not in appropriate zones Horse is at least 75° to the fence</p>
<b>C1.OL10</b>	<b><i>Be able to cause a horse to 'squeeze' between objects and separately jump over a low obstacle, of horses knee height</i></b>	<p>Student gives clear direction and sends horse between student and fence Student disengages zone 4 and has horse face up Student directs and sends horse over the jump at least knee height Student disengages zone 4 and has horse face up Horse responds with little opposition</p>	<p>Student stands in unsafe position (depending upon horses behaviour) Student doesn't allow horse time to settle</p>



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<b><i>C1.OL11</i></b>	<b><i>Run out in front of your horse with horse trotting behind (for at least 7m), then slow to backup (for at least 2m) without looking at your horse</i></b>	Student shows feel when accelerating Student maintains trot for at least 7m Student shows feel and equipment skill when slowing and backing up Student backs up for at least 2m Student helps horse maintain straightness in backup	Student tries to trot with no feel of horse Student is clumsy with rope Student backs up with no feel of horse
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## Certificate I in Horsemanship Safety & Basic Skills Ridden

### **Certificate I in Horsemanship (Safety & Basic Skills - Ridden)**

(estimated 16 hours)

- Safe saddling
- Safe preparation on the ground
- Safe mounting, dismounting
- One rein
- Rein positions and habits, for control
- Leg positions and use
- Canter and stop with safety



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**Certificate I in Horsemanship (Safety & Basic Skills Ridden)**

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<b>TASK No.</b>	<b>Task Description</b>	<b>Successful Assessment Criteria</b>	<b>Unsuccessful Assessment Criteria</b>
<i><b>CI.OL12</b></i>	<i><b>Be able to safely saddle a horse from the right (off) side</b></i>	<p><i>General Criteria:</i>            Student shows basic safety around horse            Student shows appropriate body language            Student looks as if they have practiced the ingredients            Horse responds with little opposition            Horse is confident and relaxed</p> <p>Student prepares equipment capably in a safe and effective position            Student positioned near &amp; beside horses front leg            Saddle pad placed on horses back in a friendly manner            Saddle placed on horses back in a friendly manner            Girth collected with arm closest to horse            Girth tightened in 3 goes, with horsed moved around in between each tightening            Horse shows little opposition throughout the entire process</p>	<p><i>General Criteria:</i>            Student does not show basic safety around horse            Student uses inappropriate body language            Student looks as if they have not practiced the ingredients            Horse displays too much opposition            Horse is not confident and relaxed</p> <p>Student is clumsy with equipment            Student stands in an inappropriate position            Student is not friendly during saddling            Student tightens girth roughly or in less than 3 goes</p>



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<b><i>C1.OL13</i></b>	<b><i>Be able to run through pre-flight checks on the ground to determine if a horse is ready to be mounted</i></b>	Throw rope around zone1 from both sides Test lateral flexion from both sides Have horse jump a small object	Student does not display feel and timing during pre-flight checks
<b><i>C1.FS1</i></b>	<b><i>Be able to mount safely from the right (off) side</i></b>	Horse stands still for mounting Inside rein held (short) and mane held during mounting, belly button faces forward during mounting Stand up and down in the stirrup on both sides before mounting Stand in stirrup, 'sit' hip in saddle and ask for permission, rub down the other side, settle politely into the saddle	Student is not athletic in mounting Student display un-safe mounting procedure Student allows horse to move while mounting and still mounts anyway
<b><i>C1.FS2</i></b>	<b><i>Be able to laterally bend horse on both sides using a 'control rein'</i></b>	Student lets horse know what is coming via phases and exaggeration Bend the horses neck left Bend the horses neck right Student waits with bend until horses feet maintain position or comes back to a stand still Students hand sits on leg towards front of knee when horse flexed	Student is rough or not polite Student does not wait for feet to be still Student does not wait for the horse to soften before releasing Student hand position is not good Horse is tight, does not relax in bend
<b><i>C1.FS3</i></b>	<b><i>Be able to disengage a horses hindquarter using an 'indirect rein' showing both directions at least half a turn each</i></b>	Student lets horse know what is coming via phases and exaggeration Student uses an indirect rein Student uses steady energy with lower leg Student turns and looks at zone 4 Horse disengages hindquarter with little opposition	Student is rough or not polite Student does not use an indirect rein position Student does not wait for the horse to soften before releasing Horse is tight, does not relax in movement



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<b><i>CI.FS4</i></b>	<b><i>Be able to move the horses front end using a 'direct rein', showing both directions at least half a turn each</i></b>	Student lets horse know what is coming via phases and exaggeration Student extends arm up and around for direct rein Student sits on pockets, looks up and around Horse moves front end around in the direction of turn with little opposition	Student is rough or not polite Student does not use a direct rein position Student does not wait for the horse to soften before releasing Horse is tight, does not relax in movement
<b><i>CI.FS5</i></b>	<b><i>Be able to back a horse up with one rein</i></b>	Student focuses out beyond the horse Student uses lead rope with rhythmic energy to cause the backup, stick may be used to assist Horse backs up with little opposition	Student loses focus or focuses on horse Student does not use rope competently or does not correct horse bending neck Horse does not back up or has opposition
<b><i>CI.FS6</i></b>	<b><i>Trot passenger for 5 minutes</i></b>	Student displays balance and loose rein Student does not guide the horse Horse shows relaxed trot, as if he has done this before	Student loses balance or holds tight rein Student guides the horse, does not go with the horse Horse is not relaxed trot
<b><i>CI.FS7</i></b>	<b><i>Be able to ride a full figure 8 with one rein at trot then change rein side and repeat</i></b>	Student confidently rides without holding a tight rein Student tosses the rope over after one figure 8, stick may be used to assist Horse tracks the figure 8 with little opposition	Student does not look confident, rides holding a tight rein Student does not throw rope with confidence Stick used without politeness Horse does not track the figure 8
<b><i>CI.FS8</i></b>	<b><i>Be able to canter a horse at least 100m then bend politely to a stop using a control rein</i></b>	Student displays balance and confidence during the canter Student uses steady energy with legs to achieve canter Student uses rhythmic energy with rope or hand if needed to achieve canter Student uses 'trombone' into control rein and	Student does not display balance or confidence during the canter Student kicks with legs to achieve canter Student does not use rhythmic energy with rope or hand if needed to achieve canter Student does not use 'trombone' into



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		achieves a bend Student holds bend until horse stops Horse canters and then bends and stops with little opposition	control rein to achieve a bend Student releases bend at inappropriate timing Horse does not canter Horse does not bend or stops with opposition
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